

CHECKPOINT



VFW Checkpoint – May 2023

Greetings! We hope you enjoy this installment of your Checkpoint newsletter.

Please take this opportunity to see what other Posts around the world are doing to better their communities. Be sure to share the valuable information you get here with your fellow VFW members. If you know someone who is not receiving Checkpoint, encourage them to email magazine@vfw.org and get signed up.

For VFW members preparing to convene in Phoenix for the 124th VFW National Convention, this issue is a must-read. This year, VFW and Humana will once again partner for the “Uniting to Combat Hunger” campaign. Seed sorting at the convention will result in seeds being sent to VFW Posts to plant in order to provide fresh food to those who are food insecure. New to the convention this year is VFW’s inaugural cornhole tournament. Be sure to register for this fun event. Proceeds will benefit VFW’s National Veterans Service department. As we prepare to commemorate Memorial Day, a Post in Missouri continues its mission to honoring veterans who have died. The Post’s honor guard averages about 15 funerals a month. Read this and more in your Checkpoint newsletter.

Be sure to let us know what you are doing in your community. We are always looking to promote the great efforts of VFW. Email jdyhouse@vfw.org your suggestion, and you just might see it in an upcoming issue of Checkpoint.



Help A Hero Scholarship Helps Navy Vet

Working on her degree in pursuit of a career as a physical therapist, this Navy veteran is using VFW’s “Sport Clips Help A Hero Scholarship” to accomplish her goals. [She hopes to one day work in a military or VA hospital.](#)



VFW and Humana Team Up to Combat Hunger

During VFW’s 124th National Convention in July, attendees can sort seeds which will be sent to VFW Posts to plant. The food produced from the seeds will help feed the food insecure. [This is just the latest effort in the “Uniting to Combat Hunger” campaign launched jointly by VFW and Humana.](#)

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VFW Member is #StillServing On the Go

A VFW member and an Auxiliary member in Michigan are traveling the country to assist VFW Posts in becoming more visible on social media platforms. [The duo documents their travels on their Facebook blog.](#)



Gearing up for Meeting in 'Valley of the Sun'

As VFW members prepare to convene in Phoenix in July for the organization's national convention, here's a look at what you need to know. [For the most up-to-date information, be sure to download the VFW Events app to your smartphone.](#)

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'Veterans Deserve for Us to Be There for Them'

The honor guard at VFW Post 10906 in Gladstone, Mo., have conducted countless funerals for the nation's veterans who have answered the call of duty. [The Post's honor guard has been going strong since 1999.](#)



VFW to Host Inaugural Cornhole Tournament

Those attending VFW's 124th National Convention in Phoenix in July will have a chance to show off their cornhole-playing skills. [The first-ever VFW cornhole tournament will raise money for VFW's Veterans National Service program.](#)



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